

## Akshara International School, Wakad

### Menu from 1st July to 31st July 2017

Date	Breakfast	Veg	Dal	Rice	Chapati	Salad/Fruit/ Sweet	E-Snacks
1 July 2017	<b>Brunch</b>						
3 July 2017	Upma & Sev	Bhindi Masala	Dal Tadka	Jeera Rice	Chapati	Fruit	Doughnut & Milk
4 July 2017	<b>Ashadi Ekadashi Holiday</b>						
5 July 2017	Meduwada Sambhar & Chutney	Aloo Mutter	-	Masala Rice	Chapati	Salad	Veg Puff & Milk
6 July 2017	Sabudana Khichadi	Mix Ussal Curry	Tomato Saar	Plain Rice	Chapati	Salad	Veg Roll & Milk
7 July 2017	Paratha	Bhaji	-	Fried Rice	Pav	Pineapple Sheera	Kothimbir Wadi & Milk
10 July 2017	Peas Pohe	Channa Masala	Kadhi	Khichadi	Chapati	Fruit	Batata Wada & Milk
11 July 2017	Cornflakes & Milk	Cauliflower Tomato	Dal Fry	Jeera Rice	Chapati	Salad	Chutney Sandwich & Milk
12 July 2017	Idli Sambhar & Chutney	Mix Veg Curry	-	Lemon Rice	Chapati	Salad	S.P.D.P & Milk
13 July 2017	Sheera	Massor Tomato	-	Curd Rice	Chapati	Salad	Dhokla & Milk
14 July 2017	Daliya Upma	Palak Panneer	Dal Adraki	Jeera Rice	Chapati	Gulabjamun	Steam Corn Bhel & Milk
15 July 2017	<b>Brunch</b>						
17 July 2017	Sanja & Sev	Rajma Masala	-	Steam Rice	Chapati	Fruit	Bread Pattice & Milk
18 July 2017	Sabudana Khichadi	Soya Curry	Dal Tadka	Jeera Rice	Chapati	Salad	Masala Idli Chutney & Milk
19 July 2017	Meduwada Sambhar & Chutney	Mutter Masala	-	Coriander Rice	Chapati	Salad	Muffins & Milk
20 July 2017	Bread Mayo	Mix Usal	Tomato Saar	Yellow Rice	Chapati	Salad	Samosa & Milk
21 July 2017	Paratha	Paneer Masala	-	Biryani Rice	Chapati	Sevai Kheer	Metki Bhel & Milk
24 July 2017	Pohe & Sev	Dosa Bhaji	Rassam	Steam Rice	Chapati	Fruit	Doughnut & Milk
25 July 2017	Cornflakes & Milk	Lauki Masala	Dal Fry	Jeera Rice	Chapati	Salad	Veg Cutlet & Milk
26 July 2017	Idli Sambhar & Chutney	Aloo Baingan	Kadhi	Yellow Rice	Chapati	Salad	Corn Bhel & Milk
27 July 2017	Daliya Upma	Mix Veg	Dal Tadka	Jeera Rice	Chapati	Salad	S.P.D.P & Milk
28 July 2017	Sabudana Khichadi	Veg Pasta		Garlic Bread		Fruit Custard	Veg Puff & Milk
29 July 2017	<b>Brunch</b>						
31 July 2017	Upma & Sev	Channa Masala	-	Steam Rice	Chapati	Fruit	Kachori & Milk

**Note: Milk only for Pre-Primary children**