

Akshara International School, Wakad

Menu from 2nd July to 31st July 2018

Date	Breakfast	Veg	Dal	Rice	Chapati	Salad/Fruit/ Sweet	E-Snacks
2 July 2018	Cornflakes & Milk	Bhindi Masala	Dal Fry	Jeera Rice	Chapati	Fruit	SPDP & Milk
3 July 2018	Thepla Methi	Mix Veg	Dal Tadka	Steam Rice	Chapati	Salad	Dhokla & Milk
4 July 2018	Idli Sambhar & Chutney	Green Peas Masala	Tomato Saar	Yellow Rice	Chapati	Salad	Sukhi Bhel & milk
5 July 2018	Sabudana Khichadi	Rajma Curry	-	Steam Rice	Chapati	Raitha	Kothimbir Wadi & Milk
6 July 2018	Upma	Bhaji	-	Tawa Puloa	Pav	Gulabjamun	Steam Corn Bhel & Milk
7 July 2018	Brunch						
9 July 2018	Peas Poha	Gobi Masala	Dal Fry	Plain Rice	Chapati	Fruit	Onion Pakoda & Milk
10 July 2018	Bread Jam	Channa Masala	Kadhi	Masala Rice	Chapati	Cucumber	Masala Idli & Milk
11 July 2018	Meduwada Sambhar & Chutney	Aloo Rassa	-	Khichadi	Chapati	Salad	Veg Puff & Milk
12 July 2018	Sheera	Mix Sprout Usal	Dal Adraki	Jeera Rice	Chapati	Salad	Veg Cutlet & Milk
13 July 2018	Daliya Upma	Paneer Masala	-	Biryani Rice	Chapati	Sevai Kheer	Moong Pakoda & Milk
16 July 2018	Upma	Corn Palak Curry	Rassam	Lemon Rice	Chapati	Fruit	Dhokla & Milk
17 July 2018	Cornflakes & Milk	Bhindi Fry	Dal Tadka	Steam Rice	Chapati	Salad	Sukhi Bhel & milk
18 July 2018	Idli Sambhar & Chutney	Dosa Bhaji	-	Masala Bhaat	Chapati	Salad	Doughnut & Milk
19 July 2018	Sabudana Khichadi	Masoor Tomato Curry	-	Coriander Rice	Chapati	Salad	Kothimbir Wadi & Milk
20 July 2018	Thepla Palak	Bhaji	-	Pulao	Pav	Pineapple Sheera	SPDP & Milk
21 July 2018	Brunch						
23 July 2018	Ashadi Ekadashi Holiday						
24 July 2018	Daliya Upma	Channa Masala	-	Plain Rice	Chapati	Salad	Kachi Dabeli & Milk
25 July 2018	Meduwada Sambhar & Chutney	Gobi Masala	Tomato Saar	Jeera Rice	Chapati	Salad	Steam Corn Bhel & Milk
26 July 2018	Pohe	Aloo Mutter	Dal Fry	Steam Rice	Chapati	Salad	Moong Pakoda & Milk
27 July 2018	Sanja	Wheat Pasta	-	-	Garlic Bread	Fruit Custard	Bhel & Milk
30 July 2018	Upma	Mix Veg	Dal Adraki	Jeera Rice	Chapati	Fruit	Batata Wada & Milk
31 July 2018	Sabudana Khichadi	Mix Sprout Usal	Kadhi	Yellow Rice	Chapati	Salad	Dhokla & Milk

Note: Milk only for Pre-Primary children